

LAT PULLEY HSLP3

With a design inspired by the graceful, natural motions of the human body, HumanSport offers a truly unique and human way of conditioning. HumanSport is so simple, so intuitive and so natural that it feels as if it were custom-built for each and every user. Six dual-function cable-based machines act as twelve workout stations by utilizing dual weight stacks to provide a wide range of total body training. When paired with the provided programming designed by our Master Trainers, HumanSport makes a powerful addition to any facility.

PRODUCT DIMENSIONS	
WEIGHT	58 in (147 cm)
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HEIGHT	83 in (211 cm)
STACK WEIGHT	2x 88 lbs (2x 40 kg)
OVERALL WEIGHT	655 lbs (298 kg)
SHIPPING WEIGHT	772 lbs (351 kg)

ADJUSTMENTS & MOVEMENTS		
USER DEFINED RANGE OF MOTION	Yes, multiple pulling motions including frontal plane and sagittal plane pull, rotational pull and unilateral pull. Drop-down seat for enhanced training options in the standing position. Seated stable, seated unstable and standing positions can be utilized	
ASSISTED ADJUSTMENTS	No but knee pad adjustment stabilizes users lifting heavy loads	
COLOR CODED PIVOT POINTS AND ADJUSTMENTS	Yes	
UNILATERAL OR BILATERAL MOVEMENT	Yes, Unilateral or bilateral use user defined	
CONVERGING OR DIVERGING MOVEMENTS	Yes, user defined	
PULLEY RATIO	2:1 ratio	
FRAME SPECIFICATIONS & CABLE INFORMATION		
STANDARD FRAME COLOR OPTIONS	Silver with wood trim, Black with carbon fiber trim	

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STANDARD FRAME COLOR OPTIONS	Silver with wood trim, Black with carbon fiber trim	
STANDARD UPHOLSTERY COLOR OPTIONS	Black	
FRAME FINISH	Electrostatic Powder coating	
CUSTOMIZABLE PAINT OPTIONS AVAILABLE	Yes with additional fees and extended lead times	
CUSTOMIZABLE UPHOLSTERY OPTIONS AVAILABLE	Yes with additional fees and extended lead times	
CUSTOMIZABLE BRANDING OPTIONS AVAILABLE	Yes with additional fees and extended lead times	
CABLE VS. BELT DRIVEN TRANSMISSION	3mm cable driven	
BOLT DOWN LOCATIONS DEFINED	Yes	
INTEGRATED LEVELING SYSTEM	No, rubber feet for floor protection	
HARDWARE TYPE	Hex / Button Head	
TUBBING STYLE & THICKNESS	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga	

USER SPECIFIC INFORMATION		
STATIC PLACARDS	Start finish diagram	
MULTI-LANGUAGE PLACARDS OPTIONS AVAILABLE	Yes	
ANIMATED LENTICULAR	No	
SAFETY CATCH & STOPS	No	
WATER BOTTLE HOLDER	No	
PHONE HOLDER	No	
GRIP SPECIFICATIONS	Multiple accessory handle configurations with multiple D-rings to support varying levels of pre-stretch and modalities.	
FOOT PLATFORM	N/A	
CONTOURED PADS	Yes	
RESTRAINT SYSTEM	No but wheelchair accessible	

	WEIGHT STACK SPECIFICATIONS
TOTAL STACK WEIGHT	Stack Weight Capacity: 2x 88 lbs (2x 40 kg)
INCREMENTAL WEIGHT SYSTEM	No
WEIGHT STACK TOWER HEIGHT	65 in (165 cm)
PLATE LOADED	N/A
WEIGHT STORAGE SOLUTION	N/A
LNL TECHNOLOGY	Yes, standard
ADD-ON RESISTANCE AVAILABLE	No
WEIGHT STACK SHROUD SPECIFICATIONS	Inside and outside steel shrouds.

Core Health & Fitness is more than gym equipment, we offer innovative solutions for all your facility needs. This is why we've brought together five of the most recognizable fitness brands to ensure our customers can offer their members authentic fitness experiences. Whether working with us directly or through our partners and distributors worldwide, we provide the highest quality equipment backed by a service and support team that will always go the extra mile to get you what you need, when you need it. Partner with us and see how our Core Values motivate our every decision.

