



## SC7

Schwinn Smooth Cycling indoor bikes combine user-focused features, best-in-class biomechanics and a high degree of adjustability to deliver the optimal bike fit for riders of all shapes, sizes and abilities. To ensure longevity and maintain uncompromising quality ride after ride, the bike has been upgraded with Morse Taper pedal spindles, reinforced seat posts and pop-pin holes, enlarged bearings, and large round adjustment knobs molded with a softer plastic. The SC7 is also fully customizable with the option for custom colors and decals available as well as the ability to add on a variety of compatible accessories.

[corehealthandfitness.com](http://corehealthandfitness.com)

## FEATURES



FIND YOUR PERFECT RIDING POSITION WITH EASY MICRO SEAT AND HANDLEBAR ADJUSTMENTS



LIGHTWEIGHT, POWDER-COATED, ALUMINUM FRAME



HEAVY PERIMETER WEIGHTED FLYWHEEL POWERED BY A SMOOTH AND WHISPER QUIET POLY-V BELT DRIVE



SCHWINN1 POWERED BY MOTOSUMO IS THE ONLY GROUP FITNESS SOLUTION POWERED BY SMARTPHONES TO TRACK AND CONNECT EVERYONE.

FIND OUT MORE:  
[INFO.COREHANDF.COM/MOTOSUMO](http://INFO.COREHANDF.COM/MOTOSUMO)





## YOUR RIDE. YOUR WAY.

Schwinn® is committed to giving you the most customizable and authentic ride possible. Outfit your bike with the many great new features available like the 4iiii® crank arm and new Echelon2 console. Ask us about how you can get your bikes with custom paint and decals to fit your style to your company image. Schwinn's growing customization options allow you to leverage your company's color and logos to grow your brand and reinforce your brand identity.



## TECHNICAL SPECS

- Optional 4iiii® crank arm powermeter delivers accurate strain gauge power feedback to help riders train harder and smarter.
- Heavy Perimeter-Weighted Flywheel and quiet Poly-V belt Drive Train provide an Smooth Cycling experience
- Direct Pressure Brake Resistance
- Optional Echelon2 Console provides immediate feedback to help riders train with results
- Morse Taper pedals and bottom bracket for increased durability and reliability
- Multi-position handlebars accommodate a wide range of choreography
- Find your perfect riding position with easy micro seat and handlebar adjustments
- Frame Finish - Powder Coated Aluminum

MODEL	OVERALL WEIGHT	WIDTH	LENGTH	HEIGHT	MAX USER WEIGHT
9-7400	120 lbs (54 kg)	21" (53 cm)	55" (140 cm)	46" (117 cm)	350 lbs (159 kg)



## TRAINING & PROGRAMMING

Schwinn® has come a long way since building the first cycling bike. Today, in addition to manufacturing premium cycling equipment, we are a global organization of passionate Schwinn Master Trainers who educate thousands of instructors around the world every year. The bikes in your cycling room are only as good as the instructors who teach on them, that's why we are committed to developing cutting-edge programming and providing tools that can help any instructor elevate their class experience.

Be sure to ask us about our new Schwinn online certification program.

## BUILD ON GREATNESS

At Core Health & Fitness we aim to provide our partners a foundation backed by the strongest brands in the industry. Four iconic brands that pioneered entire categories, and whose machines are still the ones **members ask for by name**. Today, we're committed building on that legacy by providing the best products and programs in every category – and that's greatness you can feel good about building on.



**CORE HEALTH & FITNESS**