



FEATURES



FIND YOUR PERFECT RIDING POSITION WITH EASY MICRO SEAT AND HANDLEBAR ADJUSTMENTS



STURDY AND DURABLE FORGED STEEL FRAME WITH RUST RESISTANT POWDER COATING



HEAVY PERIMETER WEIGHTED FLYWHEEL POWERED BY A SMOOTH AND WHISPER QUIET POLY-V BELT DRIVE

SC5

Schwinn Smooth Cycling indoor bikes combine user-focused features, best-in-class biomechanics and a high degree of adjustability to deliver the optimal bike fit for riders of all shapes, sizes and abilities. To ensure longevity and maintain uncompromising quality ride after ride, the bike has been upgraded with Morse Taper pedal spindles, reinforced seat posts and pop-pin holes, enlarged bearings, and large round adjustment knobs molded with a softer plastic. The SC5 offers many of the high end features of the SC7, but on a more affordable, durable powder-coated steel frame.



SCHWINN1 POWERED BY MOTOSUMO IS THE ONLY GROUP FITNESS SOLUTION POWERED BY SMARTPHONES TO TRACK AND CONNECT EVERYONE.

corehealthandfitness.com

FIND OUT MORE:
INFO.COREHANDF.COM/MOTOSUMO

SCHWINN1 POWERED BY MOTOSUMO



Schwinn1 powered by Motosumo is the only group fitness solution powered by smartphones to track and connect everyone. Members can connect, compete and compare their results in real time with their class and instructors using only their smartphones. The app also supports team workouts and group display for a more engaging class experience. The Motosumo app is available now on both iPhone and Android. **Find out more: info.corehandf.com/motosumo**

TECHNICAL SPECS



- Heavy Perimeter-Weighted Flywheel and quiet Poly-V belt Drive Train provide an Smooth Cycling experience
- Direct Pressure Brake Resistance
- Optional 4iiii® crank arm powermeter delivers accurate strain gauge power feedback to help riders train harder and smarter.
- Optional Echelon2 Console provides immediate feedback to help riders train with results
- Morse Taper pedals and bottom bracket for increased durability and reliability
- Multi-position handlebars accommodate a wide range of choreography
- Find your perfect riding position with easy micro seat and handlebar adjustments
- Frame Finish - E-Coated & Powder Coated Steel

MODEL	OVERALL WEIGHT	WIDTH	LENGTH	HEIGHT	MAX USER WEIGHT
9-7410	134 lbs (61 kg)	21" (53 cm)	55" (140 cm)	47" (119 cm)	350 lbs (159 kg)



TRAINING & PROGRAMMING

Schwinn® has come a long way since building the first cycling bike. Today, in addition to manufacturing premium cycling equipment, we are a global organization of passionate Schwinn Master Trainers who educate thousands of instructors around the world every year. The bikes in your cycling room are only as good as the instructors who teach on them, that's why we are committed to developing cutting-edge programming and providing tools that can help any instructor elevate their class experience.

Be sure to ask us about our new Schwinn online certification program.

BUILD ON GREATNESS

At **Core Health & Fitness** we aim to provide our partners a foundation backed by the strongest brands in the industry. Four iconic brands that pioneered entire categories, and whose machines are still the ones **members ask for by name**. Today, we're committed building on that legacy by providing the best products and programs in every category – and that's greatness you can feel good about building on.



CORE HEALTH & FITNESS